

Hospital Discharge Checklist

Before You Leave the Hospital

Belongings & Documents

- ☐ All personal belongings collected (clothes, glasses, hearing aids, dentures, phone and charger)
- ☐ Medications brought from home returned
- ☐ ID and insurance card
- ☐ Copy of discharge paperwork

Understand Your Instructions

- ☐ Discharge instructions reviewed and questions answered
- ☐ Diet and activity restrictions explained
- ☐ Warning signs to watch for, and when to call or return
- ☐ After-hours number for questions

Medications

- ☐ Updated medication list: what's new, what changed, what stopped
- ☐ Prescriptions sent to your pharmacy, or filled
- ☐ Know when the next dose of each medication is due

Follow-Up Care

- ☐ Follow-up appointments scheduled (who, where, date, time)
- ☐ Pending test results, and who will follow up
- ☐ Home health or therapy referrals set up

Getting Home Safely

- ☐ Equipment and supplies arranged (walker, oxygen, wound supplies)
- ☐ Caregiver shown any hands-on care (wound care, injections)
- ☐ Ride home arranged (personal car or hospital transport)
- ☐ Home prepared (clear walkways, bathroom safety, bed placement)

Notes / Questions
