

Transferable Skills

A Worksheet for Seeing What You Already Have

Nursing builds skills most professions spend years training for. This worksheet translates what you already do at the bedside into language that lands outside of it.

1 Clinical-to-Non-Clinical Translation

At the Bedside, This Is...	Outside the Bedside, This Becomes...
Triage & prioritization	Project prioritization, deadline & workload management
Charting & documentation	Compliance reporting, technical writing, record accuracy
Patient education	Client onboarding, training design, curriculum development
Crisis / code response	Incident management, working calmly under pressure
Interdisciplinary rounds	Cross-functional collaboration, stakeholder communication
Precepting new hires	Training & development, mentorship, coaching
Policy & regulatory compliance	Quality assurance, audit readiness, risk management
Family/caregiver communication	Client relations, conflict de-escalation, sales conversations

2 Soft Skills Inventory

Check every skill you use regularly – even if it feels automatic to you by now.

- | | |
|---|--|
| ☐ Clear communication under pressure | ☐ Active listening |
| ☐ Conflict de-escalation | ☐ Emotional regulation & composure |
| ☐ Rapid decision-making | ☐ Attention to detail |
| ☐ Time management & multitasking | ☐ Empathy & rapport-building |
| ☐ Adaptability to change | ☐ Teamwork across roles & ranks |
| ☐ Patience with repetition/training others | ☐ Advocacy – speaking up for someone else's needs |

3 Skills I Didn't Know Were Marketable

Think of a hard shift, a difficult family conversation, or a moment you handled well under pressure. What skill did that actually require? Write three below.

1.

2.

3.
