

The Career Transition Planner

Your 3-Month Action Timeline

This is the doing part — where the Skills Audit and Path Matcher turn into a real timeline. Fill it in a month at a time; it's meant to flex as things change.

1 3-Month Action Timeline

Month 1 — Foundation

- | | |
|---|--------------------|
| ☐ Update resume for target field/role | Target date: _____ |
| ☐ Rewrite LinkedIn headline & summary | Target date: _____ |
| ☐ Research 3 target employers or role types | Target date: _____ |
| ☐ Identify certifications or coursework needed | Target date: _____ |

Month 2 — Momentum

- | | |
|--|--------------------|
| ☐ Reach out to 5 people in your target field | Target date: _____ |
| ☐ Enroll in any bridge certification/course | Target date: _____ |
| ☐ Apply to 3–5 roles or pitch 3–5 clients | Target date: _____ |
| ☐ Attend one networking event or online community | Target date: _____ |

Month 3 — Movement

- | | |
|---|--------------------|
| ☐ Follow up on all applications/outreach | Target date: _____ |
| ☐ Complete interviews or client consultations | Target date: _____ |
| ☐ Negotiate offer or finalize first client agreement | Target date: _____ |
| ☐ Set 90-day goals for the new role or venture | Target date: _____ |

2 Financial Readiness Snapshot

A quick income-dip budget — know your number before you leap.

Line Item	Amount
Current monthly take-home pay	\$_____
Essential monthly expenses (housing, food, insurance, debt)	\$_____
Months of expenses currently saved	_____
Expected monthly income during transition (if any)	\$_____
Monthly gap to cover from savings	\$_____
Target savings cushion before transitioning (3–6 months expenses)	\$_____

3 Target Roles & Research Checklist

Target Role / Opportunity #1

Role title & organization or client type

-
- ☐ Requirements confirmed (license, certification, education)
 - ☐ Salary/rate range researched
 - ☐ Application or pitch submitted
 - ☐ Follow-up scheduled

Target Role / Opportunity #2

Role title & organization or client type

-
- ☐ Requirements confirmed (license, certification, education)
 - ☐ Salary/rate range researched
 - ☐ Application or pitch submitted
 - ☐ Follow-up scheduled

Target Role / Opportunity #3

Role title & organization or client type

-
- ☐ Requirements confirmed (license, certification, education)
 - ☐ Salary/rate range researched
 - ☐ Application or pitch submitted
 - ☐ Follow-up scheduled



Milestone Tracker

Mark each milestone as you hit it — momentum is easier to see in writing.

- | | |
|---|-------------|
| ☐ Decided on target direction | Date: _____ |
| ☐ Resume/LinkedIn updated | Date: _____ |
| ☐ Financial cushion in place | Date: _____ |
| ☐ First outreach sent | Date: _____ |
| ☐ First interview or client conversation completed | Date: _____ |
| ☐ Offer received or first client signed | Date: _____ |
| ☐ Gave notice / transition date set | Date: _____ |
| ☐ First day in new role or venture | Date: _____ |